1 From Part 1: Markov chain  $X_0, X_1, \ldots$  on a finite state space  $\mathcal{V}$  (of size N), transition probabilities P(x, y). Assume irreducible, aperiodic and time reversible:  $\pi(x)P(x,y) = \pi(y)P(y,x)$ , with  $\pi$  the stationary distribution. Inner product  $\langle f, g \rangle_{\pi} = \sum_{x \in \mathcal{V}} f(x)\pi(x)g(x)$ . Time reversible implies self-adjoint:  $\langle f, Pg \rangle_{\pi} = \langle Pf, g \rangle_{\pi}$ . Spectrum of P:

$$\lambda_1 = 1 > \lambda_2 = 1 - \gamma \ge \cdots \ge \lambda_N > -1.$$

2

Given  $f: \mathcal{V} \to \mathbb{R}$  with  $\max_{x \in \mathcal{V}} |f(x)| \leq 1$  and  $\sum_{x \in \mathcal{V}} \pi(x) f(x) = 0$  and  $\sum_{x \in \mathcal{V}} \pi(x) f(x)^2 \leq \sigma^2$ . Seek concentration of  $t_n(f) = f(X_1) + \cdots + f(X_n)$  under  $\mathbb{P}_{\pi}$ . Claim:

$$\mathbb{P}_{\pi} e^{\theta t_n(f)} \le \operatorname{const} \times \exp\left(\frac{W\theta^2}{2(1-B\theta)}\right) \quad \text{for } 0 \le \theta < 1/B$$

where  $W = Cn\sigma^2/\gamma$  and  $B = 5/\gamma$ , leading to tail bound

$$\mathbb{P}_{\pi}\{t_n(f) \ge r\} \le \text{const} \times \exp\left(-\frac{\gamma r^2/2}{Cn\sigma^2 + 5r}\right) \quad \text{for } r \ge 0.$$

3 Matrix notation.

$$\pi \text{ an } N \times 1 \text{ column vector;} \qquad \Pi = \text{diag}(\pi) \text{ an } N \times N \text{ matrix}$$

$$P \text{ an } N \times N \text{ matrix with } \pi^{\intercal}P = \pi^{\intercal} \text{ and } P\mathbb{1} = \mathbb{1}$$

$$f \text{ an } N \times 1 \text{ column vector;} \qquad F = \text{diag}(f) \text{ an } N \times N \text{ matrix}$$

$$P_{\theta} = Pe^{\theta F} \text{ and } T_{\theta} = e^{\theta F/2}Pe^{\theta F/2}$$

Note  $\langle g,h \rangle_{\pi} = g^{\intercal} \Pi h$  and  $\pi^{\intercal} h = \mathbb{1}^{\intercal} \Pi h = \langle \mathbb{1},h \rangle_{\pi}$ . Claim:  $e^{-\theta F/2}$  and  $T_{\theta}$  are self-adjoint and

$$\begin{aligned} \mathbb{P}_{\pi} e^{\theta t_n(f)} &= \pi^{\mathsf{T}} P e^{\theta F} \dots P e^{\theta F} P e^{\theta f} = \pi^{\mathsf{T}} P_{\theta}^n \mathbb{1} \\ &= \pi^{\mathsf{T}} e^{-\theta F/2} T_{\theta}^n e^{\theta F/2} \mathbb{1} \\ &= \langle \mathbb{1}, e^{-\theta F/2} T_{\theta}^n e^{\theta f/2} \rangle_{\pi} = \langle e^{-\theta f/2}, T_{\theta}^n e^{\theta f/2} \rangle_{\pi} \\ &\leq \| e^{-\theta f/2} \|_{\pi} \, \| \| T_{\theta} \|_{\pi}^n \, \| e^{\theta f/2} \|_{\pi} \quad \text{where } \| \| \cdot \| \|_{\pi} \text{ is operator norm} \\ &\leq e^{\theta} \lambda_1(\theta)^n \quad \text{where } \lambda_1(\theta) \text{ is largest eigenvalue of } T_{\theta}. \end{aligned}$$

The power could be reduced to n-1 by a slightly trickier argument.

4 Part 2: Complex analysis facts. If  $\psi : G \to \mathbb{C}$  is holomorphic on a convex, open subset G of  $\mathbb{C}$  and  $\Gamma$  is a closed path lying inside G then  $\oint_{\Gamma} \psi(z) dz = 0$ .

As a consequence: If 
$$\Gamma_1(t) = 1 + \rho e^{it}$$
  
and  $\Gamma_2(t) = \zeta + \delta e^{it}$  for  $0 \le t \le 2\pi$  with  $|\zeta - 1| < \rho - \delta$  then  
$$\oint_{\Gamma_1} \frac{1}{z - \zeta} dz = \oint_{\Gamma_2} \frac{1}{z - \zeta} dz = \int_0^{2\pi} \frac{i\delta e^{it}}{\delta e^{it}} dt = 2\pi i$$
  
but  $\oint_{\Gamma_1} (z - \zeta)^{-k} dz = 0$  for  $k \in \mathbb{Z} \setminus \{1\}$ .

 $\begin{array}{c} \underline{5} \\ \underline{5} \\ W = (w_1, \dots, w_n) \text{ then } W^{\dagger}\Pi W = I_N \text{ and } TW = W \text{diag}(\mu_1, \dots, \mu_N) \text{ and } \\ W^{\dagger}\Pi. \end{array}$ 

$$(\mu_1 - z)W^{-1}R_T(z)W = \text{diag}(1, 0, \dots, 0) + \text{diag}\left(0, \dots, \frac{\mu_1 - z}{\mu_j - z}, \dots\right)$$

The *i*th diagonal element in the last matrix expands to

$$-\sum_{k\geq 1} (\mu_1 - z)^k (\mu_1 - \mu_j)^{-k} \quad \text{for } |\mu_1 - z| < \delta := \min_{j\geq 2} |\mu_1 - \mu_j|$$

In matrix form,

$$(\mu_1 - z)R_T(z) = H_1 - \sum_{k \ge 1} (\mu_1 - z)^k S^k$$

where  $H_1 = w_1 w_1^{\dagger} \Pi$  is the matrix for orthogonal projection onto the subspace spanned by  $w_1$  and

$$S := W \operatorname{diag} \left( 0, (\mu_1 - \mu_2)^{-1}, \dots, (\mu_1 - \mu_N)^{-1} \right) W^{\mathsf{T}} \Pi$$

is self-adjoint (for  $\langle \cdot, \cdot \rangle_{\pi}$ ) with  $|||S|||_{\pi} \leq 1/\delta$ . For the special case where T equals P we have  $H_1 = \mathbb{1}\pi^{\intercal}$ .

If  $\Gamma(t) = 1 + \rho e^{it}$  for  $0 \le t \le 2\pi$  and  $|1 - \mu_1| < \rho < \min_{j \ge 2} |1 - \mu_j|$  then

$$\frac{1}{2\pi i} \oint_{\Gamma} R_T(z) \, dz = -H_1 \quad \text{and} \quad \frac{1}{2\pi i} \oint_{\Gamma} (1-z) R_T(z) \, dz = (\mu_1 - 1) H_1$$

Take the trace of the second equality to get a representation for  $\mu_1 - 1$ .

[6] Think of the  $T_{\theta}$  spectrum,  $\lambda_1(\theta) \ge \lambda_2(\theta) \ge \cdots \ge \lambda_N(\theta)$ , as a perturbation of the spectrum of P. If  $\Gamma(t) = 1 + \rho e^{it}$  for  $0 \le t \le 2\pi$  and  $\theta$  is small enough that

$$|1 - \lambda_1(\theta)| < \rho < \min_{j \ge 2} |1 - \lambda_j(\theta)|$$

then, by trace trickery,

$$\lambda_1(\theta) - 1 = \frac{1}{2\pi i} \oint_{\Gamma} (1 - z) \operatorname{trace}(T_{\theta} - zI_N)^{-1} dz = \frac{1}{2\pi i} \oint_{\Gamma} (1 - z) \operatorname{trace}(P_{\theta} - zI_N)^{-1} dz$$

Write  $R_{\theta}(z)$  for  $(P_{\theta} - zI_N)^{-1}$  and abbreviate  $R_0(z)$  to R(z). Write  $P_{\theta}(z)$ as  $P + A_{\theta}(z)$  where  $A_{\theta} = \sum_{k \ge 1} \theta^k P F^k / k!$ . If  $|||A_{\theta}R(z)|||_{\pi} < 1$  then

$$R_{\theta}(z) = R(z) \left( I_N + A_{\theta} R(z) \right)^{-1} = R(z) + \sum_{q \ge 1} (-1)^q R(z) \left( A_{\theta} R(z) \right)^q$$